

**THE EMIRATES ACADEMY
OF HOSPITALITY MANAGEMENT**
In academic association with Ecole hôtelière de Lausanne



DRESS TO IMPRESS

Student Attire Guidelines



Overview

EAHM pays particular attention to the personal appearance of its students, the faculty and the staff members, since appearance forms an important part of EAHM's professional image and culture.

The dress code is important especially in our profession and for students to succeed, they will have to conform to certain expectations concerning their appearance.

Principles

Students attending EAHM must wear professional business attire and adhere to the general grooming guidelines whilst they are on campus which include the reception area, the courtyard, the library and café during weekdays (Sundays through Thursdays from 8:00am - 6:00pm).

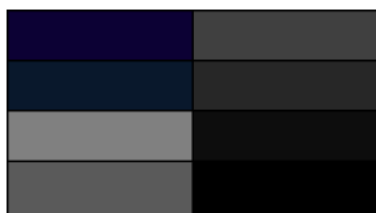
During evenings, on weekends and on holidays and for charity purposes, students may wear smart casual clothing (within the framework of smart casual clothing provided in this document) on campus.

MALE ATTIRE AND GROOMING

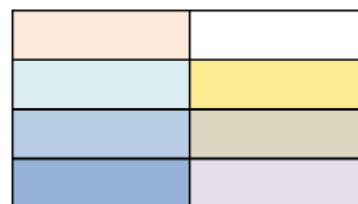


The Suit & Shirt

The following colour schemes are acceptable:



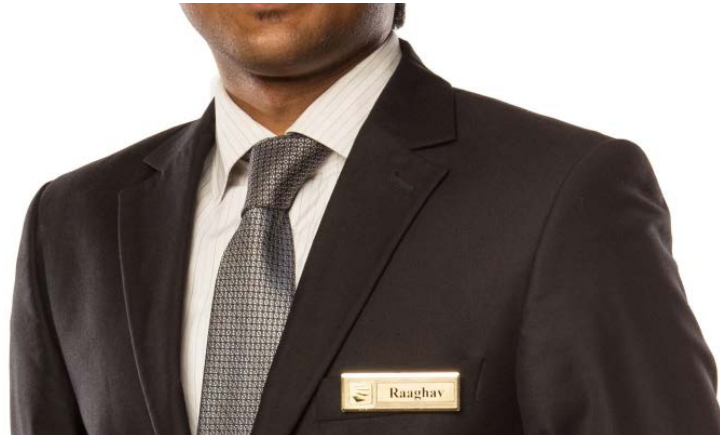
Suits



Shirts

- Your two-piece suit should be in the same colour
- The length of the pants should touch the front of your shoes and fall just above the heel in the back
- Always wear a long sleeve shirt
- The shirt's sleeve should extend beyond the jacket sleeves by 1/2 inch

The Tie



- Wear a tie with subtle patterns and solid colours
- Always wear a tie darker than your shirt
- The tie must be knotted smartly. It should not hang loosely away from the shirt collar

The Shoes, Socks and Belt:

- Black leather Oxford shoes are recommended. These should be elegant and conservative
- Shoes should be in good condition and polished. Shoe polishing machines are available around the campus
- Socks should be black or match the colour of your suit and cover your calves
- Belts should be in good condition
- Belts should have a conservative and discreet buckle



Grooming

- Hair – must be well kept and clean; short and cut above the ears and collar on a regular basis. Avoid extreme hair colouring or designs cut into hair
- Facial Hair – must be clean shaven. Gentlemen must shave daily before coming on campus. No beard / moustache growing time is allowed during the academic trimesters. Existing beard / moustaches must be kept well trimmed at all times. The length of the sideburns must be kept above the top of the ear lobes
- Fingernails – must be clean, short and well-trimmed
- Cleanliness – You must shower / bathe at least once a day. Use of mild deodorant is highly recommended. Highly perfumed or strong smelling colognes, aftershaves and body spray should be avoided
- Body Piercing & Tattoos – you should not have any visible tattoos or body piercing



Name Badge

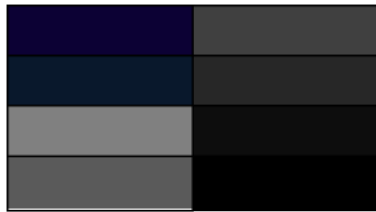
- Must be worn all times on the top left lapel of your suit

FEMALE ATTIRE AND GROOMING

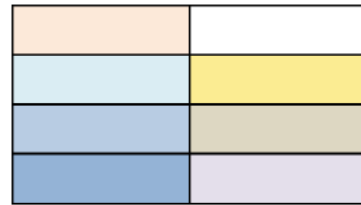


The Suit & Shirt/Blouse

The following colour schemes are acceptable:



Suits



Shirts

- Your two-piece suit should be in the same colour
- The length of the pants should touch the front of your shoes and fall just above the heel in the back
- The skirts should be knee length
- The shirt's sleeve should extend beyond the jacket sleeves by 1/2 inch
- Blouses should be respectable (i.e. do not wear low cut or revealing blouses. Avoid wearing camisole or sheer blouse)

The Shoes, Stockings and Belt

- Black leather Court shoes are recommended. These should be elegant and conservative
- Avoid sandals or shoes with open toes or ankle straps
- Shoes should be in good conditioned and polished. Shoe polishing machines are available around the campus
- Heels should be 1 - 2 inches only. High heels can only be worn after college hours
- Neutral coloured stockings should be worn if you are wearing a skirt
- Belts should be black and in good condition
- Belts should have a conservative and discreet buckle



Grooming

- Hair – must be clean and well kept. Long hair should be tied back. Avoid extreme hair colouring and fancy hair accessories
- Make-up – should be natural and conservative. Dark or bright eye shadow and lipstick should be avoided
- Fingernails – must be clean, short and well-trimmed. Avoid nail art and trendy or bright polish. If you are enrolled on Food and Beverage courses, nail polish is not allowed
- Cleanliness – You must shower/bathe at least once a day. Use of mild deodorant is highly recommended. If applying perfume, it should be very light
- Body Piercing & Tattoos – you should not have any visible tattoos or body piercing
- Jewellery should be minimal and conservative. Avoid dangling and fancy ornaments



Name Badge:

- Must be worn all times on the top left lapel of your suit

EMIRATI MALE ATTIRE AND GROOMING

Attire

- Clean and pressed white kandorah with tarboosh, with salwar/baniyan
- White gutra and black agal
- Black sandals in clean and good condition
- Name badge

Grooming

- Hair – should be well kept and clean; short and cut above the ears and collar on a regular basis. Avoid extreme hair colouring, knotted/matted hair or designs cut into hair
- Clean hands and short, well-manicured nails
- Facial Hair – must be clean shaven. Existing beard/ moustaches must be kept well-trimmed at all times. The length of the sideburns must be kept above the top of the ear lobes
- Fingernails – must be clean, short and well-trimmed
- Cleanliness – You must shower/bathe at least once a day. Use of mild deodorant is highly recommended. Highly perfumed or strong smelling colognes, aftershaves and body spray should be avoided
- Body Piercing & Tattoos – you should not have any visible tattoos or body piercing



EMIRATI FEMALE ATTIRE AND GROOMING

Attire

- Clean and pressed plain black, closed abaya and black sheila.
- Closed black shoes with low heels. Should always be clean and polished.
- Name badge.

Grooming

- Hair – must be clean and well kept. Long hair should be tied back. Avoid extreme hair colouring and fancy hair accessories
- Make-up – should be natural and conservative. Dark or bright eye shadow and lipstick should be avoided
- Fingernails – must be clean, short and well-trimmed. Avoid nail art and trendy or bright polish. If you are enrolled in Food and Beverage courses, nail polish is not allowed
- Cleanliness – You must shower/bathe at least once a day. Use of mild deodorant is highly recommended. If applying perfume, it should be very light
- Body Piercing & Tattoos – you should not have any visible tattoos or body piercing
- Jewellery should be minimal and conservative. Avoid dangling and fancy ornaments



THE SERVICE ATTIRE

- Black trousers for male and female
- White long sleeves shirt
- Black closed shoes
- The apron will be provided by EAHM
- Your name badge should always be worn



KITCHEN ATTIRE

The following will be provided at the beginning of each practical kitchen class and returned after each session:

- Chef's jacket
- Chef's trouser*
- Chef's apron
- Skull cap
- Chef jacket buttons

*You can wear your black trousers instead of the chef's trouser.

Additionally, you will need to purchase Crocs or Birkenstock type shoes with a heel strap and no holes for the kitchen.



Birkenstock



Crocs

CASUAL ATTIRE

From time to time, there are occasions that students are required to wear casual clothing.

The guidelines below state some of the **unacceptable** practices when it comes to casual attire:

- Please note that casual does NOT mean sloppy
- Faded and/or tattered/torn jeans
- Faded and/or tattered/torn shorts, shorts which are too short, gym shorts, multi-coloured shorts
- Faded and/or misshapen T-shirts
- Garments displaying excessive advertising or writing
- Jogging suits
- Tank tops
- Clothing with spaghetti straps; clothing revealing bare backs, midriffs or shoulders, or any other revealing/provocative clothing
- Short skirts or dress
- Slippers/flip-flops